The Nordic Institute of Dental Education

Sharing CAD/CAM expertise with dental professionals from around the world

The Nordic Institute of Dental Education (NIDE) is a joint venture founded by Planmeca and the University of Turku. It has been a logical next step in Planmeca’s close and decades-long collaboration with the university world. Utilising the dental company’s technological innovations, as well as the University of Turku’s strong academic pedigree, NIDE offers continued education courses to international dental professionals looking to strengthen their expertise.

Planmeca expanded its operations in the field of dental education last year by founding the Nordic Institute of Dental Education together with the University of Turku. NIDE has started off strong by already organising five courses in 2015—with several more lined up for 2016.

NIDE’s courses are an intriguing blend of theoretical and practical perspectives, complemented by fun activities outside the classroom. Most of the courses are held in Finland’s beautiful capital, Helsinki, with some of them also taking place in the coastal city of Turku. All courses are taught in English by leading experts in their fields.

**Ensuring an optimal balance**

The Nordic Institute of Dental Education offers a wide range of academically accredited courses. In particular, NIDE specialises in 3-D and CAD/CAM education, but its courses also cover several other essential topics, such as aesthetic, restorative and adhesive dentistry.

As dental professionals are becoming increasingly aware of the benefits of CAD/CAM, there is more demand than ever for high-quality continuing education surrounding the technology. What differentiates the Nordic Institute of Dental Education from traditional training providers is the balance of academic, clinical and practical knowledge.

### NIDE CAD/CAM courses

<table>
<thead>
<tr>
<th>Course</th>
<th>Dates</th>
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<tr>
<td><strong>Fundamentals of CAD/CAM</strong></td>
<td>An accessible entry point into the world of CAD/CAM, the course invites participants to learn the basic principles of the treatment method of the future.</td>
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<td>17–19 February 2016 6–8 June 2016 5–7 October 2016</td>
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<tr>
<td><strong>Beyond the basics of CAD/CAM</strong></td>
<td>Recommended for users with previous CAD/CAM experience, this intermediate course covers CAD/CAM techniques for creating multiple restorations—further increasing clinical proficiency.</td>
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<td>10–11 March 2016 9–10 June 2016</td>
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<td><strong>CAD/CAM summer school</strong></td>
<td>An intensive package combining NIDE’s basic and intermediate CAD/CAM courses (Fundamentals of CAD/CAM and Beyond the basics of CAD/CAM). In addition to learning, participants will also get a chance to experience Finland’s long summer days.</td>
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<td>6–10 June 2016</td>
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<tr>
<td><strong>Advanced CAD/CAM</strong></td>
<td>Designed for more experienced users aiming to hone their craft, this advanced course will help develop a deeper understanding of CAD/CAM.</td>
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<td>To be announced soon</td>
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_CAD/CAM_
content in its courses. NIDE’s curriculum is built on a theoretical foundation, but also incorporates a strong hands-on approach to learning—featuring example cases that have been handpicked by lecturers.

Additionally, specialists from Planmeca are readily available during courses to teach correct techniques and answer questions on the equipment used. This helps participants gain practical insights on digital technology, which support the academic aspects of the courses.

The Nordic Institute of Dental Education currently offers two CAD/CAM courses—one for participants wishing to enter the world of computer-aided design and manufacturing, and one for intermediate users looking to deepen their understanding. Both courses are held in Helsinki. The 'Fundamentals of CAD/CAM' course teaches the basic principles needed to successfully utilise the technology, while the course: 'Beyond the basics of CAD/CAM' helps to achieve a higher level of proficiency.

NIDE will add a third CAD/CAM course to its program in 2016—an advanced course for more seasoned users who want to expand their expertise.

In addition to its standard CAD/CAM courses, NIDE also offers tailor-made study tours for groups from clinics, distributors, or dental associations.

Fun in and out of the classroom

The Nordic Institute of Dental Education's courses bring together participants from diverse clinical and cultural backgrounds. In 2015, NIDE has hosted dental professionals from countries as varied as Belgium, Bulgaria, Croatia, Finland, Egypt, Lithuania, Norway, Portugal, Sweden, and Zimbabwe. This broad range of nationalities creates a truly international atmosphere for participants to exchange experiences and ideas in.

In addition to the cutting-edge academic and clinical contents featured in its courses, NIDE also wants visiting dental professionals to experience Finland in more leisurely ways. This is achieved through offering an interesting side programme as part of the courses, highlighting the beauty of Helsinki and its surrounding archipelago. A complimentary Nordic dinner is also included, as well as the possibility to try a traditional Finnish sauna. The side programme has received a great deal of positive feedback from participants, who have valued the authentic Nordic experience alongside the course's high-quality content.

With a rare blend of scientifically proven concepts, academic backgrounds, technological expertise, and beautiful Nordic surroundings, NIDE's continued education courses are truly one of a kind.

The **Nordic Institute of Dental Education** is a Finnish joint venture company founded by Planmeca Oy and the University of Turku. NIDE offers high-quality continuing education courses to international dental professionals, who wish to strengthen their expertise in the latest topics in the field of dentistry. NIDE’s courses utilise the strong academic pedigree of the University of Turku, the best lecturers in the field, as well as Planmeca’s world-leading technology.

All NIDE courses are taught in English at the University of Turku or at Planmeca’s headquarters in Helsinki. The University of Turku provides ECTS credits and course certificates to students.

NIDE’s expertise covers a wide range of topics, such as 3-D imaging, CAD/CAM technologies, aesthetic dentistry, biomaterial sciences, prosthodontics, endodontics, and orthodontics.

**_about NIDE_**

**_contact_**

The **Nordic Institute of Dental Education**

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